



# School Uniform Shoe List

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Mowlem Primary School

Academic Year 2026/2027

## **About This Guide**

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Generic school shoe requirements based on uniform guidelines.

## **School Uniform Guidelines**

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Pupils must wear black school shoes or black trainers. These are the only footwear types permitted for regular school days. Any shoes of a different colour, or any other style of footwear, are not allowed.

## **School Information**

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### **Mowlem Primary School**

Mowlem Street, Bishops Way, London, E2 9HE

Tel: 02082496880

Web: <https://mowlem.towerhamlets.sch.uk>

## **PE / Sports Shoes Guidelines**

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Pupils must wear rubber-soled pumps or trainers as part of their PE kit. No footwear requirement is specified for swimming lessons.

## Girls Shoes

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**Mary Jane**  
Generic | Girls  
Sizes: 2-7



**T-Bar Shoe**  
Generic | Girls  
Sizes: 1-13



**Slip-on Ballet Pump**  
Generic | Girls  
Sizes: 2-7



**Elastic Ballet pump**  
Generic | Girls  
Sizes: 2-7



## Boys Shoes

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### Classic Lace-up Oxford

Generic | Boys  
Sizes: 3-8



### Slip-on Loafer

Generic | Boys  
Sizes: 3-8



### Velcro Fastening Shoe

Generic | Boys  
Sizes: 3-8



### Formal Monk Strap

Generic | Boys  
Sizes: 3-8



### Chelsea Boot

Generic | Boys  
Sizes: 3-8



### Derby Shoe

Generic | Boys  
Sizes: 3-8



### Lace Up Trainer

Generic | Boys  
Sizes: 3-8



### Velcro Trainer

Generic | Boys  
Sizes: 3-8



# Sports Shoes

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## Football Boots

Generic | Unisex

Sizes: 3-8



## Rugby Boots

Generic | Boys

Sizes: 3-8



## Tap Dancing Shoes

Generic | Girls

Sizes: 2-7



## Equestrian Boots

Generic | Unisex

Sizes: 2-9



## White Plimsolls

Generic | Unisex

Sizes: 2-9



# Shoe Fitting Guidelines

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Children's feet grow quickly - they may need new shoes every 3-4 months depending on age and activity level.

## Check for Proper Fit:

- Allow approximately half an inch (1.3 cm) of space between the longest toe and the front of the shoe
- Ensure the width is comfortable with no pinching or bulging
- The heel should fit snugly without slipping
- Shoes should be comfortable immediately - no "breaking in" period needed

## When to Replace:

- When there's less than half an inch of growing room
- If the shoe shows signs of wear or damage
- If your child complains of discomfort or pain
- Check regularly for redness or blisters on your child's feet

## Measuring Tips:

- Measure both feet while standing
  - Measure at the end of the day when feet are at their largest
  - Have your child wear the type of socks they'll wear with the shoes
  - Use the measuring gauge on page 2 only if you can't get the shoes fitted professionally
  - Shoes from different brands may have different sizing, so it's important to try them on
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## Where to Buy

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The following shops near Mowlem Primary School stock school shoes:

### Sam & Lee

*0.1 miles away*

London, E2 9ED

Tel: 020 7613 0008

[samandlee.co.uk](http://samandlee.co.uk)



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### Deichmann

*1.0 miles away*

Moffat, D9E 6FC

Tel: 0333 322 9000

[deichmann.com](http://deichmann.com)



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### Schuh Kids

*2.3 miles away*

Westfield Stratford City, London, E20 1EJ

Tel: 0208 221 7300

[schuh.co.uk](http://schuh.co.uk)



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### CeCe & Me

*2.7 miles away*

7 Bell Yard, London, WC2A 2JR

Tel: 07881 823550

[ceceandme.co.uk](http://ceceandme.co.uk)





## Visit Our School Page

Scan the QR code or visit:

<https://shoelist.uk/school/mowlem-primary-school-london>

