

School Uniform Shoe List

Al-Mizan School

Academic Year 2026/2027

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About This Guide

Generic school shoe requirements based on uniform guidelines.

School Uniform Guidelines

Students should wear black shoes or trainers. These must not be football boots and should not feature lights or wheels.

PE / Sports Shoes Guidelines

For PE, students are required to wear trainers. These must not be school shoes or football boots.

School Information

Al-Mizan School

46 Whitechapel Road, London, E1 1JX

Tel: 02076503070

Web: https://almizan.co.uk/index.asp

Girls Shoes



Brogue
Generic | Girls
Sizes: 3-8



Chelsea Boot
Generic | Girls
Sizes: 3-8



High-top Trainer
Generic | Girls
Sizes: 3-8



High-top Trainer (Velcro)
Generic | Girls
Sizes: 3-8



Lace Up Trainer
Generic | Girls
Sizes: 3-8



Lace-up Boot
Generic | Girls
Sizes: 3-8



Lace-up Oxford
Generic | Girls
Sizes: 3-8



Loafer
Generic | Girls
Sizes: 3-8



Mary Jane
Generic | Girls
Sizes: 3-8

Girls Shoes (continued)



Moccasin
Generic | Girls
Sizes: 3-8



Patent Brogue
Generic | Girls
Sizes: 3-8



Patent Chelsea Boot
Generic | Girls
Sizes: 3-8



Patent Elastic Ballet Pump
Generic | Girls
Sizes: 3-8



Patent Lace Up Trainer
Generic | Girls
Sizes: 3-8



Patent Lace-up Oxford
Generic | Girls
Sizes: 3-8



Patent Loafer
Generic | Girls
Sizes: 3-8



Patent Slip-on Ballet Pump
Generic | Girls
Sizes: 3-8



Patent T-Bar
Generic | Girls
Sizes: 3-8

Girls Shoes (continued)



Patent Velcro Brogue
Generic | Girls
Sizes: 3-8



Patent Velcro Mary Jane
Generic | Girls
Sizes: 3-8



Patent Velcro Oxford
Generic | Girls
Sizes: 3-8



Patent Velcro T-Bar
Generic | Girls
Sizes: 3-8



Patent Velcro Trainer
Generic | Girls
Sizes: 3-8



Patent Zip Chelsea Boot
Generic | Girls
Sizes: 3-8



Velcro Boot
Generic | Girls
Sizes: 3-8



Velcro Brogue
Generic | Girls
Sizes: 3-8



Velcro Mary Jane
Generic | Girls
Sizes: 3-8

Girls Shoes (continued)



Velcro Oxford
Generic | Girls
Sizes: 3-8



Velcro T-Bar
Generic | Girls
Sizes: 3-8



Velcro Trainer
Generic | Girls
Sizes: 3-8



Zip Chelsea Boot
Generic | Girls
Sizes: 3-8

Boys Shoes



Brogue
Generic | Boys
Sizes: 3-8



High-top Trainer
Generic | Boys
Sizes: 3-8



High-top Trainer (Velcro)
Generic | Boys
Sizes: 3-8

Boys Shoes (continued)



Lace-up Boot
Generic | Boys
Sizes: 3-8



Moccasin
Generic | Boys
Sizes: 3-8



Velcro Boot
Generic | Boys
Sizes: 3-8



Velcro Brogue
Generic | Boys
Sizes: 3-8



Zip Chelsea Boot
Generic | Boys
Sizes: 3-8



Classic Lace-up Oxford
Generic | Boys
Sizes: 3-8

Sports Shoes



Astro Trainers
Generic | Unisex
Sizes: 3-8



Ballet Shoes
Generic | Girls
Sizes: 2-7



Cricket Shoes
Generic | Boys
Sizes: 3-8

Sports Shoes (continued)



Indoor Court Shoes
Generic | Unisex
Sizes: 3-8



Lace Plimsolls
Generic | Unisex
Sizes: 2-9



Netball Trainers
Generic | Girls
Sizes: 3-8



PE Trainers
Generic | Unisex
Sizes: 2-9



PE Trainers (Velcro)
Generic | Unisex
Sizes: 2-9



Running Trainers
Generic | Unisex
Sizes: 3-8



Running Trainers (Velcro)
Generic | Unisex
Sizes: 3-8

Shoe Fitting Guidelines

Children's feet grow quickly - they may need new shoes every 3-4 months depending on age and activity level.

Check for Proper Fit:

- Allow approximately half an inch (1.3 cm) of space between the longest toe and the front of the shoe
- Ensure the width is comfortable with no pinching or bulging
- The heel should fit snugly without slipping
- Shoes should be comfortable immediately - no "breaking in" period needed

When to Replace:

- When there's less than half an inch of growing room
- If the shoe shows signs of wear or damage
- If your child complains of discomfort or pain
- Check regularly for redness or blisters on your child's feet

Measuring Tips:

- Measure both feet while standing
- Measure at the end of the day when feet are at their largest
- Have your child wear the type of socks they'll wear with the shoes
- Use the measuring gauge on page 2 only if you can't get the shoes fitted professionally
- Shoes from different brands may have different sizing, so it's important to try them on

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Not Permitted

- Football

Where to Buy

The following shops near Al-Mizan School stock school shoes:

Watney Shoes

0.5 miles away

19 Watney Market, London, E1 2PP

Jones Bootmaker

0.7 miles away

30 Fenchurch Street, London, EC3M 3BD

jonesbootmaker.com

Sneakersnstuff London

0.8 miles away

107-108 Shoreditch High Street, London, E1 6JN

Tel: +44 20 3754 6443

sneakersnstuff.com

House of Sports Shoes

0.8 miles away

133 Shoreditch High Street, London, E1 6JE

Crockett & Jones

0.9 miles away

26 Threadneedle Street, London, EC3V 3LP

theroyalexchange.co.uk

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