



School Uniform Shoe List

Central Foundation Girls' School

Academic Year 2026/2027

About This Guide

Generic school shoe requirements based on uniform guidelines.

School Information

Central Foundation Girls' School

25-33 Bow Road, Bow, London, E3 2AE

Tel: 02089811131

Web: <https://central.towerhamlets.sch.uk/>

Girls Shoes



Mary Jane
Generic | Girls
Sizes: 2-7



T-Bar Shoe
Generic | Girls
Sizes: 1-13



Slip-on Ballet Pump
Generic | Girls
Sizes: 2-7



Elastic Ballet pump
Generic | Girls
Sizes: 2-7



Boys Shoes



Classic Lace-up Oxford

Generic | Boys
Sizes: 3-8



Slip-on Loafer

Generic | Boys
Sizes: 3-8



Velcro Fastening Shoe

Generic | Boys
Sizes: 3-8



Formal Monk Strap

Generic | Boys
Sizes: 3-8



Derby Shoe

Generic | Boys
Sizes: 3-8



Sports Shoes



Tap Dancing Shoes

Generic | Girls

Sizes: 2-7



Shoe Fitting Guidelines

Children's feet grow quickly - they may need new shoes every 3-4 months depending on age and activity level.

Check for Proper Fit:

- Allow approximately half an inch (1.3 cm) of space between the longest toe and the front of the shoe
- Ensure the width is comfortable with no pinching or bulging
- The heel should fit snugly without slipping
- Shoes should be comfortable immediately - no "breaking in" period needed

When to Replace:

- When there's less than half an inch of growing room
- If the shoe shows signs of wear or damage
- If your child complains of discomfort or pain
- Check regularly for redness or blisters on your child's feet

Measuring Tips:

- Measure both feet while standing
- Measure at the end of the day when feet are at their largest
- Have your child wear the type of socks they'll wear with the shoes
- Use the measuring gauge on page 2 only if you can't get the shoes fitted professionally
- Shoes from different brands may have different sizing, so it's important to try them on

Not Permitted

 Trainers

 Canvas pumps

 Boots

 Open-toe shoes

 High heels

 Platform shoes

 Logos

 Coloured soles

Where to Buy

The following shops near Central Foundation Girls' School stock school shoes:

Sam & Lee

1.3 miles away

London, E2 9ED

Tel: 020 7613 0008

samandlee.co.uk



Schuh Kids

1.5 miles away

Westfield Stratford City, London, E20 1EJ

Tel: 0208 221 7300

schuh.co.uk



Deichmann

2.2 miles away

Moffat, D9E 6FC

Tel: 0333 322 9000

deichmann.com



DEICHMANN

3.6 miles away

110 High Street North, East Ham, E6 2HT

Tel: 020 8586 2048

stores.deichmann.com





Visit Our School Page

Scan the QR code or visit:

<https://shoelist.uk/school/central-foundation-girls-school-london>

