



School Uniform Shoe List

Upperby Primary School

Academic Year 2026/2027

About This Guide

Generic school shoe requirements based on uniform guidelines.

School Uniform Guidelines

Black school shoes are required.

School Information

Upperby Primary School

Uldale Road, Upperby, Carlisle, Cumbria, CA2 4JT

Tel: 01228815460

Web: <https://upperbyschool.co.uk/>

PE / Sports Shoes Guidelines

Suitable trainers are required for PE. Grey or black tracksuit may be worn for outdoor P.E during winter months.

Boys Shoes



Classic Lace-up Oxford

Generic | Boys
Sizes: 3-8



Derby Shoe

Generic | Boys
Sizes: 3-8



Lace Up Trainer

Generic | Boys
Sizes: 3-8



Sports Shoes



Tap Dancing Shoes

Generic | Girls

Sizes: 2-7



Shoe Fitting Guidelines

Children's feet grow quickly - they may need new shoes every 3-4 months depending on age and activity level.

Check for Proper Fit:

- Allow approximately half an inch (1.3 cm) of space between the longest toe and the front of the shoe
- Ensure the width is comfortable with no pinching or bulging
- The heel should fit snugly without slipping
- Shoes should be comfortable immediately - no "breaking in" period needed

When to Replace:

- When there's less than half an inch of growing room
- If the shoe shows signs of wear or damage
- If your child complains of discomfort or pain
- Check regularly for redness or blisters on your child's feet

Measuring Tips:

- Measure both feet while standing
- Measure at the end of the day when feet are at their largest
- Have your child wear the type of socks they'll wear with the shoes
- Use the measuring gauge on page 2 only if you can't get the shoes fitted professionally
- Shoes from different brands may have different sizing, so it's important to try them on

Not Permitted

- | | | |
|------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------|
|  Slip-on shoes |  Elastic bars |  Pumps |
|  Boots |  Open-toe shoes |  High heels |
|  Velcro fastenings |  Buckles |  Patent leather |
|  Suede |  Coloured soles |  Logos |
|  Platform shoes |  Wedges |  Equestrian |
|  Rugby |  Football |  Canvas shoes |

Where to Buy

The following shops near Upperby Primary School stock school shoes:

Start-Rite Shoes

0.9 miles away

Kilwinning, CA1 3BD

Tel: Telephone number ava

startriteshoes.com



Start-Rite Shoes

3.4 miles away

Carlisle, CA3 0DN

Tel: 01474 839191

startriteshoes.com





Visit Our School Page

Scan the QR code or visit:

<https://shoelist.uk/school/upperby-primary-school-carlisle>

