



School Uniform Shoe List

The Palmer Catholic Academy

Academic Year 2026/2027

About This Guide

Generic school shoe requirements based on uniform guidelines.

School Information

The Palmer Catholic Academy

Aldborough Road South, Seven Kings, Ilford, Essex, IG3 8EU

Tel: 02085903808

Web: <https://thepalmercatholicacademy.org>

Girls Shoes



Mary Jane
Generic | Girls
Sizes: 2-7



T-Bar Shoe
Generic | Girls
Sizes: 1-13



Slip-on Ballet Pump
Generic | Girls
Sizes: 2-7



Elastic Ballet pump
Generic | Girls
Sizes: 2-7



Boys Shoes



Classic Lace-up Oxford

Generic | Boys
Sizes: 3-8



Slip-on Loafer

Generic | Boys
Sizes: 3-8



Velcro Fastening Shoe

Generic | Boys
Sizes: 3-8



Formal Monk Strap

Generic | Boys
Sizes: 3-8



Derby Shoe

Generic | Boys
Sizes: 3-8



Sports Shoes



**Tap Dancing
Shoes**

Generic | Girls
Sizes: 2-7



Shoe Fitting Guidelines

Children's feet grow quickly - they may need new shoes every 3-4 months depending on age and activity level.

Check for Proper Fit:

- Allow approximately half an inch (1.3 cm) of space between the longest toe and the front of the shoe
- Ensure the width is comfortable with no pinching or bulging
- The heel should fit snugly without slipping
- Shoes should be comfortable immediately - no "breaking in" period needed

When to Replace:

- When there's less than half an inch of growing room
- If the shoe shows signs of wear or damage
- If your child complains of discomfort or pain
- Check regularly for redness or blisters on your child's feet

Measuring Tips:

- Measure both feet while standing
- Measure at the end of the day when feet are at their largest
- Have your child wear the type of socks they'll wear with the shoes
- Use the measuring gauge on page 2 only if you can't get the shoes fitted professionally
- Shoes from different brands may have different sizing, so it's important to try them on

Not Permitted

- | | | |
|---|--|--|
|  Trainers |  Canvas pumps |  Boots |
|  Open-toe shoes |  High heels |  Platform shoes |
|  Logos |  Coloured soles | |

Where to Buy

The following shops near The Palmer Catholic Academy stock school shoes:

Blunts Shoes

0.2 miles away

Ilford, IG3 8AB

Tel: 020 8818 7777

bluntsshoes.com



Eye Footwear

0.8 miles away

Eye Footwear Ilford, Ilford, IG1 1LX

Tel: +44 (0) 20 8911 0201

eyefootwear.com



DEICHMANN

0.9 miles away

69 The Exchange Middle Level, Ilford, IG1 1AS

Tel: 020 8478 4940

stores.deichmann.com



Blunts Shoes

1.0 miles away

Wanstead, IG1 3AB

Tel: 020 8593 2288

bluntsshoes.com





Visit Our School Page

Scan the QR code or visit:

<https://shoelist.uk/school/the-palmer-catholic-academy-ilford>

